

Southern Mitchell Rotary



KEEPING IN TOUCH

November - 2023

[Southern Mitchell Rotary Website](#)

President Rose invites you to a
Wednesday evening
(6.45pm for 7.00pm)
get together at Kilmore Trackside
so you can see what we do.



Call Rose on: 0458 810 345 to let her know to expect you.

Rotary



PEOPLE OF ACTION

Thanks for your interest in
Rotary. We are seeking newbies
to become Rotarians or to join
our "Friends of Rotary" to help
us out from time to time.

Either way, we are pleased to
keep you up to date with what
Rotary is doing both locally
and around the world.




NOVEMBER

ROTARY FOUNDATION

*"Never doubt that a small group of thoughtful,
committed citizens can change the world; indeed,
it's the only thing that ever has"*



Rotary 

ROTARY MONTHLY THEMES

The Rotary monthly themes serve as a framework to guide Rotarians worldwide in their activities and initiatives. These themes are carefully selected each year, aligning with Rotary's primary focus areas such as...

07–New Leadership, 08–Membership and Extension, 09–Basic Education and Literacy, 10–Economic and Community Development, 11–Rotary Foundation, 12 –Disease Prevention and Treatment, 01–Vocational Service, 02–Peace and Conflict Resolution, 03–Water and Sanitation, 04–Maternal and Child Health, 05–Youth Service, 06–Rotary Fellowship.

THE ROTARY FOUNDATION

The Rotary Foundation is a renowned international non-profit organization that focuses on various humanitarian efforts, including the eradication of polio. With its extensive network of Rotary clubs across the globe, this foundation has been instrumental in providing financial support, resources, and volunteer manpower to combat polio in vulnerable regions.

The Rotary Foundation's strategic approach involves partnerships with governments, health organizations, and local communities to implement immunization campaigns and raise awareness about the importance of vaccination. Through its efforts, the foundation has contributed significantly to reducing global polio cases by over 99% since it launched its PolioPlus program in 1985. Moreover, the foundation plays a vital role in training healthcare professionals, improving infrastructure for better healthcare access, and supporting ongoing research on polio vaccines. By leveraging its global reach and mobilizing dedicated volunteers called "Rotarians," the Rotary Foundation serves as a beacon of hope in the fight against polio while exemplifying professionalism and commitment to creating sustainable change for millions around the world.

[MORE](#)



ROTARY AND POLIO ERADICATION

Since 1988, Rotary has been fully committed to the eradication of polio worldwide, and the results they have achieved are awe-inspiring. More than 20 million people are able to walk today who would otherwise have been paralysed. Rotary's relentless efforts provided hope to countless communities. The number of polio infections at that time seemed overwhelming, but Rotary never wavered in their determination. With their strategic partnerships and immunisation campaigns, they tackled this formidable disease head-on. Today, thanks to their unyielding dedication and perseverance, the world is closer than ever to a polio-free future. The numbers have dramatically reduced over the years, with only a handful of cases reported in limited regions. This achievement is nothing short of extraordinary, showing how solidarity and a tireless commitment can conquer even the most devastating diseases. Rotary's remarkable journey towards polio eradication deserves our utmost admiration and excitement for what lies ahead – a brighter and healthier world for all.



INTERNATIONAL DINNER

ALL WELCOME

- Guest speaker is David Ensor CEO of International Needs Australia
- International buffet, great friends and plenty of entertainment
- Door Prize, Raffle and Monster Silent Auction

- DATE/TIME: Sat 14th Oct 2023, 6:30 pm - 11:00 pm
- VENUE: RSL Memorial Hall, 41 Sydney St, Kilmore VIC 3764.
- COST: \$50 + drinks at bar prices.

All profits will go towards supporting 1,500 Primary School children and their teachers at St. Vincent de Notre Dame de l'Androy Primary School in Ambovombe, Androy Madagascar. This area has suffered 5 years of successive drought and things are desperate!

INTERNATIONAL "FUND RAISER" DINNER

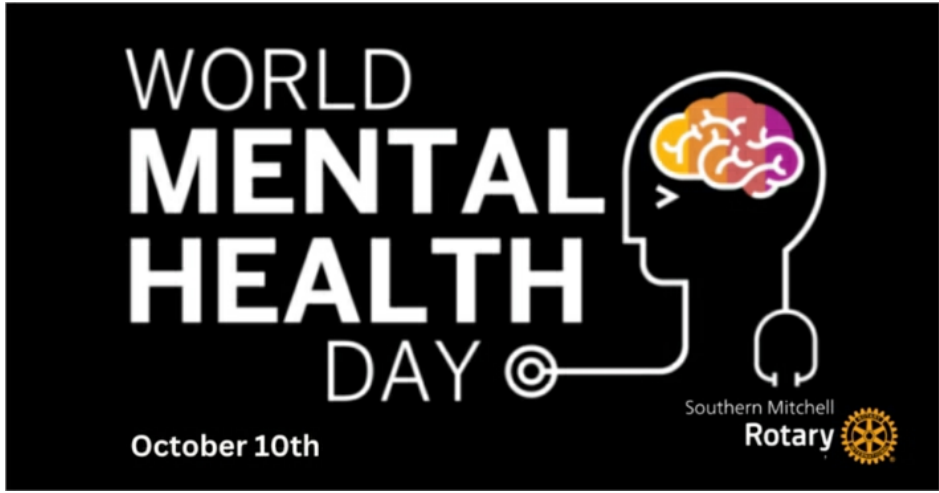
Our International Dinner proceeds went to our International Project where we are supporting 1,500 Primary School children and their teachers at St. Vincent de Notre Dame de l'Androy (St. Vincent's) Primary School in Ambovombe, Androy Madagascar. This area has suffered 5 years of successive drought in addition to the Covid-19 pandemic which is forcing families in rural communities to resort to desperate measures to survive. Donations will be used to source food, clean drinking water, medicine and school equipment to help parents keep their children fed and stay at school. The project intends to also build a water well on the school facility if enough donations are obtained.



PROJECT LEMUR

Ambovombe, Madagascar is a region that has been suffering from extreme drought for five years (plus the pandemic). The lack of rain combined with increasing temperatures has resulted in a severe water crisis, which has been particularly devastating for the local population. The subsistence farmers in the area are unable to grow enough food to feed their families, and the lack of clean water has caused many people to suffer from water-related illnesses. The drought has also caused an influx of locusts, a plague that has destroyed crops and further limited the food supply. As a result, the people of Ambovombe have been forced to resort to desperate measures such as eating wild plants and engaging in illegal activities to survive. Most people in the area have been left with no choice but to migrate to other parts of the country in search of food and water. The Government of Madagascar has taken steps to address the drought, but their efforts have been largely ineffective. They have implemented some short-term initiatives such as distributing food aid and providing access to clean water, but these efforts do not solve the root of the problem. The government should focus on long-term solutions such as improving water infrastructure and increasing access to irrigation systems to ensure water security for the people of Ambovombe. The drought in Ambovombe is having a devastating impact on the local population, and more must be done to address the issue. Immediate action is needed to increase access to food and water, and the Government of Madagascar must take steps to ensure that the people of Ambovombe have access to the necessary resources to survive. Without further intervention, the drought will continue to have a negative effect on both the people and the environment in Ambovombe.

MORE



WORLD MENTAL HEALTH DAY

Rotary International, a renowned global service organisation, actively engages in initiatives that promote mental health and well-being. A key event recognised and celebrated by Rotary is World Mental Health Day, observed every year on October 10th. This day serves as an opportunity for Rotary clubs worldwide to raise awareness about the importance of mental health issues and provide support to individuals facing psychological challenges. Rotary's committed volunteers work tirelessly to organise workshops, seminars, and community events focused on destigmatising mental illness and providing resources for those in need. By fostering understanding, empathy, and effective interventions, Rotary plays a vital role in promoting mental wellness across diverse communities globally on World Mental Health Day.

MORE



MORE FUN AND GIGGLES

At this week's Get Together, we all wore crazy hats to raise money for Mental Health as International Mental Health Day was celebrated on October 10th. A good belly laugh was had by all.





WE DO ENJOY OUR FUN AND FRIENDSHIP

With our weekly get togethers at Trackside on Wednesday nights we decided we needed to catch up for a coffee and a chat on Monday and Friday mornings. We now rotate around Cafes in Kilmore, Broadford and Wallan and invite any and all to join us. Click on the Coffee Cup on the front page of our website to find when and where - www.rcsm.org.au



PEACE IS THE ONLY BATTLE WORTH WAGING

The conflict between Israel and Palestine, specifically in the Gaza Strip, has been a longstanding and complex issue. The root causes of this conflict can be traced back to historical, political, and religious factors, with both sides claiming legitimate rights to the land. The Gaza Strip has been a focal point of contention due to its dense population, poverty levels, and lack of resources. In light of this unrest, Rotary peacekeeping initiatives have played an important role in fostering dialogue and understanding among communities affected by this conflict. Rotary's neutral stance and commitment to humanitarian efforts have allowed them to facilitate grassroots projects aimed at promoting peace building initiatives through education, healthcare, infrastructure development, and vocational training. By working closely with local communities on both sides of the conflict, Rotary provides a platform for mutual understanding while creating opportunities for long-lasting peace in the region.



THANKS FOR BECOMING PART OF THE TEAM LISA

Thanks for becoming part of Southern Mitchell Rotary, Lisa, and helping us do more "good in the world". Lots of people like you in Rotary make a lasting difference to the lives of many. If you have a "Pet Project", like Lisa's Lids 4 Kids www.rcsm.org.au/lids4kids join us, and enlist an army of volunteers to help you become even more successful in your endeavors.



WORLD POLIO DAY - 24TH OCTOBER

From 400,000 Polio cases in 1979 Rotary has that down to only a 8 so far for this year. Rotary International has played a significant role in the fight against polio through its extensive vaccination campaigns. The World Polio Day, observed annually on October 24th, serves as a rallying point for raising awareness about the importance of eradicating polio globally. Rotary's relentless efforts have contributed immensely to achieving this goal, with the establishment of partnerships with organisations like the World Health Organisation and the Bill & Melinda Gates Foundation. By harnessing their extensive network of volunteers and resources, Rotary has reached remote and marginalised areas to administer vaccines, creating a substantial impact on reducing polio cases worldwide.



ROTARY SAFE FAMILIES

Over the past five years, we have grown the Rotary SAFE Families model to a point where our powerful messages for primary prevention of abuse are expanding to Australians who have English as their second language. We need to continually remind Australians that Rotary does not condone abuse in any form, to anyone, anywhere, anytime. It is with great encouragement, to see that our Rotary "3R's" of primary prevention are being utilised by people from all walks of life. Reminder, our "3R's" apply to any form of abuse to women, men, children and our elderly:

Reminder, our "3R's" apply to any form of abuse to women, men, children and our elderly:

1. Recognise signs of abuse
2. Raise your concerns "safely"
3. Refer victim to one of the many family violence agencies OR Make the call yourself!

[MORE](#)



Southern Mitchell Rotary Recycle Op Shop

84-86 Sydney Street, Kilmore.



ROTARY RECYCLE OP SHOP

Southern Mitchell Rotary operates the Rotary Recycling Op Shop at 84 Sydney Street, Kilmore. We are seeking more volunteers to help us grow the business so if you want to help out please call into the shop and talk to the team or talk to us at Rotary via www.rasm.org.au/contact There is ample parking in the side street and behind the shop. Times remain the same 9.30am-3.00pm Mon to Fri and 9.30am to 12.30pm Sat. Watch for our increased focus on recycling plus our mending, repairs and hem adjustment by Elizabeth continues.

All profits will be used for local welfare and wellbeing activities in our region.

[CLICK HERE TO WATCH OUR SHORT OP SHOP VIDEO](#)



THURSDAY IS FREE SOUP DAY

Our Rotary Recycle Op Shop team of volunteers make and provide free soup on Thursdays between 1.00pm and 2.30pm. Just another small way we can help out those who are doing it tough in our region.

WE'RE LOOKING FOR...


- Dedicated and fun people
- Community minded people
- Practical and resourceful people
- Helpful and compassionate people

If you are one of the above people, then contact us
to learn how you can change the world.

Southern Mitchell



to learn how you can change the world,
starting in our own community.

Rotary 

TEAMWORK MAKES THE DREAM WORK!

Impact starts with our members — people like you who see a world where people unite and take action to create lasting change — across the globe, in our communities, and in ourselves. At meetings in communities across the globe, our Rotary people of action come together to strengthen their connections to friends and neighbors and their commitment to improving lives.

Who can join?

We're looking for people who want to give back to their communities while they enjoy the fun and friendship that comes with belonging to a team of like-minded people.

[TALK TO US HERE](#)



Southern Mitchell Rotary
<https://www.rcsm.org.au/invitation>



We send this newsletter to people who have shown an interest in Southern Mitchell Rotary.
If you no longer wish to receive these emails, simply reply with unsubscribe in the Subject line.